



Bariatric Center *for* Success

Let Us Help You CHART YOUR COURSE!

.....

Providing help and support in achieving your weight loss surgery goals throughout your journey.

.....



Bariatric Classes

.....

R.I.S.E. Bariatric Pre-Op Course
R.E.S.E.T. Bariatric Post-Op Course

Bariatric e-Learning Courses!



Health Coaching

.....

Health Assessment
Wellness Vision
Goal Setting with Action Plan
Follow-up and Support



Self-Development

.....

Self-paced, personal development courses on topics such as:
Confidence, Self-Esteem, Self-Care,
Anxiety, Stress, and Fear



Support Group

.....

Free monthly support group meetings. All you have to do is sign up on our website!

Bariatric Center for Success

<https://bariatriccenterforsuccess.com/>

Bariatric Education Programs

<https://bariatriccenterforsuccess.thinkific.com/>

Free Support Group Meetings

<https://bariatriccenterforsuccess.com/support-groups/>

About Us

.....

Bariatric Center for Success, serves the bariatric community throughout the U.S. and offers a variety of classes, workshops, webinars, coaching, and free support groups using BSCI's research-based, Success Habits™ and Back on Track™ Educational Programs. That's not all we do! In addition, we have carefully crafted an online personal self-development program. Bariatric patients can engage in our diverse portfolio including Confidence, Self-esteem and Self Care, Anxiety, Stress, and Fear, all of which are helpful to patients going through the bariatric surgery process.

Meet Denise

.....

I have had many challenges during my weight loss journey, however, by following the Success Habits™ and practicing what I teach, I have maintained 95% of my weight loss for almost 20 years. I have both personal and professional experience within the bariatric community including:

- President and Owner, Bariatric Center for Success
- National Board-Certified Health and Wellness Coach
- Licensee for Bariatric Support Centers International
- Experienced Support Group Leader
- Success Habits and Back on Track Certified Trainer

.....

Denise Roden, NBC-HWC

National Board Certified Health & Wellness Coach

Bariatric Center for Success, President

Email: deniseroden@gmail.com

Phone: 301.325.4269