



**Bariatric
Center for
Success**

Let Us Help You CHART YOUR COURSE!

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Providing help and support in achieving your weight loss surgery goals throughout your journey.



Bariatric Classes

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Success Habits - 3 Hours
Back on Track - 6 Hours

Dates and times vary.



Health Coaching

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Health Assessment
Wellness Vision
Goal Setting with Action Plan
Follow-up and Support



Self-Development

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Self-paced, personal development training on topics such as:
Confidence, Self-Esteem, Self-Care, Anxiety, Stress, and Fear



Support Group

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Free monthly support group meetings. All you have to do is sign up on our website!

About Us

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Bariatric Center for Success, serves the bariatric community throughout the U.S. and offers a variety of classes, workshops, webinars, coaching, and free support groups using BSCI's research-based, Success Habits™ and Back on Track™ Educational Programs. That's not all we do! In addition, we have carefully crafted an online personal self-development program. Bariatric patients can engage in our diverse portfolio including Confidence, Self-esteem and Self Care, Anxiety, Stress, and Fear, all of which are helpful to patients going through the bariatric surgery process.

Meet Denise

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I have had many challenges during my weight loss journey, however, by following the Success Habits™ and practicing what I teach, I have maintained 95% of my weight loss for almost 20 years. I have both personal and professional experience within the bariatric community including:

- President and Owner, Bariatric Center for Success
- National Board-Certified Health and Wellness Coach
- Licensee for Bariatric Support Centers International
- Experienced Support Group Leader
- Success Habits and Back on Track Certified Trainer

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Denise Roden, NBC-HWC

National Board Certified Health & Wellness Coach

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Bariatric Center for Success

<https://bariatriccenterforsuccess.com/>

Free Support Group Meetings

<https://bariatriccenterforsuccess.com/support-groups/>