
Turn Your Dreams Into Action Worksheet

Fill out this worksheet with daydreams and late-night thoughts about getting your life together. Spend a few minutes thinking about each section and start now to plan your life. After you write each, prioritize each group with 1 being most important and 5 being least important.



FIVE KEY GOALS FOR THIS YEAR:

FIVE OBSTACLES TO REMOVE:

FIVE BENEFITS TO REACHING YOUR GOALS:

FIVE NEW SKILLS TO LEARN:

FIVE PEOPLE OR RESOURCES NEEDED TO HELP YOU:
